

# ARIZONA AQUA STARS

Swim with *ARIZONA'S BEST!*

## The Arizona Aqua Stars present **The Shooting Stars** Recreational Synchronized Swim Program



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**Kino Pool**  
848 N. Horne  
Mesa, AZ

**Time: 4:30-6:30 PM**  
**Class meets Mondays and Wednesdays. Swimmers may join the program at any time during the session.**

**Starting: January**

**FEES: \$50 a month**  
**\$55 one-time annual registration for USA Synchronized**

- Synchronized swimming is a unique combination of swimming, dance, and gymnastics—all done in the water. **Join our Shooting Stars Recreation Program** and learn how the *champions* swim! Learn basic sculling techniques, eggbeatering, and figure and routine skills.
- Swimmers will compete in meets in Arizona. Practice will be **Mondays and Wednesdays from 4:30-6:30 PM.**
- Qualified swimmers must be from the **ages of 6-12.** Participants must be able to swim the length of a 25 meter pool and be comfortable in deep water without a flotation device.
- Our coaches are truly Arizona's best! We keep our coaching to swimmer ratio 1:8 to provide our swimmer's the best possible learning environment.



Check out our website at [www.azaguastars.org](http://www.azaguastars.org) for more information or contact Jill Parr with your questions: 480-329-8787 or [aascoachjill@aol.com](mailto:aascoachjill@aol.com).