

ARIZONA AQUA STARS

Swim with *ARIZONA'S BEST!*

The Arizona Aqua Stars present **The Shooting Stars** Recreational Synchronized Swim Team



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Kino Pool
848 N. Horne
Mesa, AZ

Time: 4:30-6:30 PM
Mondays & Wednesdays

When: Session I: Aug. 30th - Dec. 8th
Session II: Jan. 3rd - March 30th
Session III: April 5th - June 15th

***For planning purposes, please
make reservations 2 weeks prior
to the start of the session***

FEES \$50 per month
\$55 one-time annual
USA Synchro Membership

(Sessions may be pro-rated)

- Synchronized swimming is a unique combination of swimming, dance, and gymnastics - all done in the water. **Join our Shooting Stars Recreation Team** and learn how the *champions* swim! Learn basic sculling techniques, eggbeatering, and figure and routine skills.
- Practice will be **Mondays and Wednesdays from 4:30-6:30 PM**. Swimmers have the opportunity to participate at meets in Arizona at the end of each session.
- Qualified swimmers must be from the **ages of 6-12**. Participants must be able to swim the length of a 25 meter pool and be comfortable in deep water without a flotation device.
- Our coaches are truly Arizona's best! We keep our coaching to swimmer ratio 1:8 to provide our swimmer's the best possible learning environment.



All of our classes are offered under the direction of **Head Coach Jill Parr**, 2007-2008 West Zone Coach of the Year, 2009 13-15 National Team Assistant Coach, and 2010 Junior Team Developmental Coach of the Year. Check out our website www.azaquastars.org for more information or contact TerriLynne Collins #480-654-8508 or collins_526@msn.com