

Arizona Aqua Stars

Bring a friend!

Aqua Star for a Day

If you like to swim, dance, or do gymnastics, then you'll love synchronized swimming! This is a great opportunity to try the Olympic sport of synchronized swimming with the Nationally Ranked Synchronized Swimming Team, **The Arizona Aqua Stars**.

- Learn basic sculling, eggbeatering, figure and routine skills. Also, learn a fun, simple music routine to perform for your parents at the end of the clinic!
- Escape the summer heat and have fun making new friends while learning how the *champions* swim!

What to Bring

Swimmers should be 6 years or older with basic swimming skills and be comfortable in deep water without a flotation device.

- Sunscreen
- Water
- Towel
- Goggles

**Saturday
August 21st**

8 A.M.—12 P.M.

\$25

Includes 4 hours of supervised instruction, a nose clip, and cap

For planning purposes, please reserve your spot 2 weeks in advance

**Kino Aquatic Facility
848 N. Horne
(just south of Brown)**

**Swim with
*Arizona's Best!***

Arizona Aqua Stars

This clinic is offered under the direction of **Head Coach Jill Parr**, 2007-2008 West Zone Coach of the Year, 2009 13-15 National Team Assistant Coach, and 2010 Junior Team Developmental Coach of the Year. Visit our website www.azaquastars.org for more information or contact

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