

Arizona Aqua Stars

Bring a friend!

Aqua Star for a Day



Experienced Swimmers: Should have swimming experience on a club team or at least 2 years on a recreational team. Polish current figure and routine skills. Learn to improve flexibility and strength. Learn routine sequences from championship routines!

Beginning Swimmers: Should be 7 years or older with basic swimming skills or a maximum of 1 year team experience. Learn basic sculling, eggbeatering, and figure skills. Learn and swim a fun, simple routine to music!

PLEASE CALL by August 6 to reserve your spot. Registration due on or before August 8.

Date
Saturday, August 8

Time and Cost:

Experienced Swimmers: 9am-1pm
\$20

Beginning Swimmers: 2-4pm
\$10

Kino Pool
848 N. Horne
(just south of Brown)

Swim with
Arizona's Best!

Here's What to Bring

- SUN SCREEN
- Towel
- Goggles
- Nose-clip
- Cap
- WATER

If you don't have a cap and nose-clip, you can purchase a set for \$8.00.

Arizona Aqua Stars

Head Coach-Jill Parr
480-329-8787
aascoachjill@aol.com

Recruitment-Kim Wills
602-568-4454
480-807-3330
hawkeyewills@cox.net

Register before August 8

Drawing for One FREE class or first month of team coaching fees

ARIZONA AQUA STARS SYNCHRONIZED SWIM TEAM

Name: _____

Phone: _____



Expiration: 9/30/2009