

# The Arizona Aqua Stars

Present

## Try Synchro for Free!

### “Try Synchro for Free”

An Introduction to the Sport  
Of Synchronized Swimming!  
Come give it a Try!



Synchronized Swim Team

For more information, visit the  
Arizona Aqua Stars at  
[www.azaquastars.org](http://www.azaquastars.org)

**Don't forget your sunscreen!**

### For more information contact:

Head Coach: Jill Parr at (480) 329-8787  
[aascoachjill@aol.com](mailto:aascoachjill@aol.com)

Recruitment: Michelle Capriotti  
At 480-703-6754  
[michelle.capriotti@gmail.com](mailto:michelle.capriotti@gmail.com)

### Time and Location

- **Dates: Saturday, September 5, 2009**
- **Time: 12:00 - 1:00**
- **Location: Kino Pool  
848 N. Horne**

This is a free clinic for swimmers ages 12 and under. If you like to swim, dance, or do gymnastics, then you'll love synchronized swimming! This is a great opportunity to try the sport of synchronized swimming with the Nationally Ranked Synchronized Swimming Team, the Arizona Aqua Stars. This clinic is offered under the direction of Head Coach, Jill Parr "2007 - 2008 West Zone Coach of the Year."

**Basic Swimming Skills Required—Thank You!**