



Twinklers

For Beginner Swimmers

This is an introductory level class that will teach the beginning fundamentals of synchronized swimming. Swimmers should be 6 years or older with basic swimming skills, and be comfortable in deep water without a flotation device.

12 to 1 p.m. Saturdays

\$30 per month

(may be pro-rated)

\$15 USA Synchro Registration

Shooting Stars

Intermediate Program

For Newer swimmers 7 to 12

This is a program for new swimmers to continue to learn the art of Synchro in a team atmosphere. These swimmers have the optional opportunity to compete at local meets as an Arizona Aqua Star!

Tues. 5-7 p.m., Sat. 9-12

\$65 per month

\$55 one-time annual USA Synchro Registration

Competitive Team Levels

AAS Coaches are all former Nationally Ranked Synchronized Swimmers

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|-----------------------|-----------------|-----------------------------------|--------------------|
| 10 & Under | T, TH | 5:00 -7:00 p.m., Sat. 9-12 | \$80/month |
| 11-12 | T, TH | 5:00 -7:30 p.m., Sat. 9-12 | \$95/month |
| 13-15 | M, W, TH | 4:30-7:30 p.m., Sat. 9-1 | \$125/month |

**For information on the AAS 16 & Over Elite Team,
please visit www.azaquastars.org**

\$92 Annual USA Synchro Registration/Insurance Fee

Times are tentative and subject to change

All of our programs are offered under the direction of **Head Coach Jill Parr**

- **Current member of the USA Synchro National Team Coaching Pool**
- **2010 Junior National Developmental Coach of the Year**
- **2009 13-15 National Team Assistant Coach**
- **2008 West Zone Coach of the Year**

Please visit our web site: www.azaquastars.org or contact:
Coach Jamie Burton at 480-726-0372, jaimeh2synchro@yahoo.com or
Head Coach Jill Parr at 480-329-8787, aascoachjill@aol.com

