

Swim with Arizona's Best!

The Arizona Aqua Stars present Try Synchro with the Stars!

Synchronized swimming is a unique combination of swimming, dance, and gymnastics all done in the water with music. Come and learn the basics of synchronized swimming with **national champions!**

Try this exciting sport while **meeting new friends** from around the valley. Swimmers should be 6 years or older with basic swimming skills, and be comfortable in deep water without a flotation device.

Wear a **comfortable swimsuit** and bring a **towel**, **goggles**, and **water bottle**. It helps to pull long hair into a pony tail. Don't forget your **SUNSCREEN!**

This clinic is offered under the direction of **Head Coach Jill Parr**,
2008 West Zone Coach of the Year,
2009 13-15 National Team Assistant Coach,
2010 Junior Team Developmental Coach of the Year.



Saturday, March 12th, 2011
Saturday, May 14th, 2011
Saturday, June 11th, 2011
Saturday, July 9th, 2011

12 PM to 2 PM
\$10.00

Includes 2 hours of instruction
and a nose clip.

Kino Aquatic Center
848 N. Horne
Mesa, AZ
(Just South of Brown Rd.)

To register, contact:

Terrilyne Collins at:
480-720-8745 or at:
Collins_526@msn.com

Bring a Friend!



For more information about the **Arizona Aqua Stars**, visit our web site at: www.azaquastars.org